



## Corned Beef & Cabbage Dinner

3 to 4lbs corned beef \*

1/2 onion chopped \*

2 carrots sliced \*

1 cabbage cut into 6 to 8 wedges \*

+3 stalks of celery chopped \*

+2 sprigs of parsley chopped

+2 bay leaves \*

+6 peppercorns \*

+Use these ingredients only if your corned beef doesn't contain a flavor pouch.

In a large saucepan combine all the ingredients except the cabbage and cover with water.

Slowly bring to a boil, cover and simmer over low heat for 1 hour.

Add cabbage and simmer for 2 hours uncovered.

When done remove meat and let rest for 10 minutes, slice across the grain and serve with cabbage and vegetables.